



NEWSLETTER THOMAS MORE Catholic School

2020

"As the pilot of a vessel is tried in the storm; as the wrestler is tried in the ring, the soldier in the battle, and the hero in adversity; so is the Christian tried in temptation."
St. Basil the Great

Jan Issue 2

TMCS NOTICES

Year 8 Year 8 Parents' Evening

Thursday 6th Feb 2020
3pm - 6pm

01 | School News

Food Department

Last Thursday Mr Migliore demonstrated some advanced skills to Year 10 pupils studying Food Nutrition. The first demonstration showed pupils a caramelising technique with onions.

Caramelisation occurs when food products contain sugar. It is a process of sugar turning brown through the application of heat.

Next, he showed the Maillard reaction by doing egg wash on bread. It is the reaction between carbohydrates (sugar) and proteins, and is responsible for changes in colour (browning of food), which adds to the flavour and nutrition in the foods we eat.

He then demonstrated how to make a mayonnaise through the process of emulsification. An emulsion is a special type of liquid where tiny droplets of one liquid, such as oil, spread through another liquid such as water. Oil and water are immiscible. This means that they cannot be mixed. An emulsifier is a substance that will allow two immiscible liquids to be held together. Lecithin is a natural emulsifier found in egg yolk. It helps to stop the oil and vinegar from separating out in mayonnaise.

Finally, he fried an omelette. The pupils had the opportunity to taste the prepared food, which included bread with caramelised onion with slices of omelette and mayonnaise.

Thank you to Mr Migliore for providing these excellent cooking sessions for our pupils.



School Attendance

By Tutor Group & Year Group (Weekly)

Best Tutor Group

| | |
|---------|-----------------|
| Year 7 | 7KSL - 96.5% |
| Year 8 | 8ACA - 98.2% |
| Year 9 | 9ALA - 98.0% |
| Year 10 | 10CPR - 97.4% |
| Year 11 | 11HBE - 98.3% ★ |

By Year Group

| | |
|---------|-----------|
| Year 7 | - 95.0% |
| Year 8 | - 96.6% ★ |
| Year 9 | - 92.3% |
| Year 10 | - 90.8% |
| Year 11 | - 93.8% |

Well done to 11HBE for a near perfect attendance. Well done to Year 8 with the best year group attendance.



Achievement Points

By Pupil & Year Group

By Year Group

| | |
|---------|--|
| Year 7 | Markos Karagkiaouris -127, Taylah McKenzie-Arday - 104 |
| Year 8 | ★ Vivian Neytcheva - 125, Joseph Ntshoko - 110 |
| Year 9 | Julienne Mbala - 85, Sophia Munns - 84 |
| Year 10 | Elena Leka - 79, Alexa Hamilton - 64 |
| Year 11 | Jeremiah Abbey - 58, Edward Yeboah - 56 |



To Care. To Learn. To Achieve



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02 | Other School News

Department's Tough Question

Challenge from the presentation shown during form time.

Answer

Draw a 5 x 4 box around any dates in the calendar. Find the sum of all 20 numbers.

The total for this box is 310

The efficient way - Add the smallest and largest numbers then multiply by 10.

This is a calendar for the first 6 months of 2018

| 2018 Calendar | | | | | | |
|---------------|----|----------|----|-------|----|----|
| January | | February | | March | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |
| April | | May | | June | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

Thomas More – Volleyball Tournament 2020

Thomas More hosted a Year 10 Volleyball tournament for Croydon schools on Thursday 23rd January. The Thomas More boys' team came 4th and the girls' team came 3rd after some very tough opponents. Well done to all pupils involved!



Music Department – Winter Concert

Last term the Music department have been busy preparing for The Winter Concert and Christmas Carol Service. The Concert contained a wide variety of performances from the newly formed School Choir and the 6th Form Choir singing a variety of songs both traditional and more modern and up to date. The 6th form choir performed accapella singing Joy to the World and Little Drummer Boy. There were also some notable solo performances from Amelle Benmalek (Year 7), Ben Guerrero (Year 11), Duong Nguyen (Year 11) and Cristina Ortega-Rissager (Year 12). The Carol Service was very well attended, with a choir of 100 performing traditional and modern Christmas Classics to a packed and festive audience. See some of the images below from the concerts.



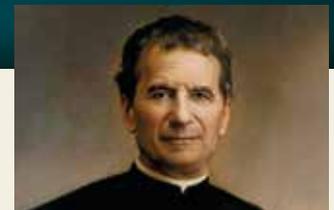
Spirituality Corner

LAY CHAPLAIN



St. John Bosco

Bosco was ordained a priest (1841) in Turin and, influenced by St. Joseph Cafasso. His first assignment was to the city of Turin. The city was in the throes of industrialisation so it had slums and widespread poverty. It was into these poor neighbourhoods that John, now known as Fr. Bosco, went to work with the children of the poor. While visiting the prisons, Fr. Bosco noticed a large number of boys, between the ages of 12 and 18, inside. The conditions were deplorable, and he felt moved to do more to help other boys from ending up there.



Prayer Club

All are welcome on:
Wednesday lunchtime
Time: 1.15-1.45